



# National Social Service Resources

## Resous Nasyonal pou Sèvis Sosyal



### UNITED WAY/UNITED WAY

Community and social services, such as food pantries, emergency shelter, childcare, housing, and more services to assist individuals and families. Calls are private and confidential. Assistance is provided in more than 300 languages. 211 services are also available through United Way's website <https://www.211.org/>

**2-1-1**

Sèvis kominotè ak sosyal tankou distribisyon manje, azil dijans, swen timoun, lojman ak plis lòt sèvis pou ede moun ak fanmi yo. Apèl yo prive epi yo konfidansyèl. Yo bay èd nan plis pase 300 lang. Sèvis 211 yo disponib tou atravè sit entènèt United Way a <https://www.211.org/>

**Interactive Website/App of National Resources:** <https://find.usahello.org/#/welcome> (available in English, Spanish and Arabic) is a free app for refugees, asylum seekers, and immigrants. The app provides information about services in local communities anywhere in the USA. Services may include immigration help, English classes, and health care.

**Sit entènèt/aplikasyon intèraktif pou resous nasyonal yo:** <https://find.usahello.org/#/welcome> (disponib an angle, panyòl ak arab) se yon aplikasyon gratis pou refijye, moun kap mande azil ak imigran yo. Aplikasyon an ofri enfòmasyon sou sèvis nan kominate lokal yo toupatou nan Etazini an. Sèvis yo ka gen ladan yo èd sou imigrasyon, klas pou anglè ak swen sante.

### MENTAL HEALTH INFORMATION AND SUBSTANCE ABUSE / ENFÒMASYON SOU SANTE MANTAL AK SOU ABI SIBTANS

**988 Suicide and Crisis Lifeline** Chat and Text connects you with caring crisis counselors for emotional support.

Liy Telefonik 988 la  
Rele, Pale ak Voye Tèks  
**988**

**Liy telefonik 988 sou swisid ak kriz.** Pale ak Voye tèks konekte w ak konseye sou kriz ki sousye pou resevwa sipò emosyonèl.

Oswa kontakte  
**1-800-273-TALK (8255)**

**Behavioral Health Treatment Locator/Lokalizatè tretman sante konpòtmantal:**  
<https://findtreatment.samhsa.gov/>

### HUMAN TRAFFICKING AND SEXUAL ASSAULT/TRAFIK IMEN AK ATAK SEKSYEL

**To get help from the National Human Trafficking Hotline:** 1-888-373-7888 or text HELP or INFO to BeFree (233733)

**1-888-373-7888**  
or text/Oswa voye tèks  
**HELP** or/oswa **INFO**  
to/bay **BeFree (233733)**

**Pou resevwa èd nan men Liy Telefonik Nasyonal sou trafik imen an:** 1-888-373-7888 oswa voye tèks **HELP** oswa **INFO** bay BeFree (233733)

**1-877-447-4847**  
**1-877-4-HSI-TIP**

**To report suspected human trafficking to Federal law enforcement:**  
1-877-447-4847 (1-877-4-HSI-TIP)

**Pou rapòte sisipisyon sou trafik imen bay ranfòsman lalwa federal:**  
1-877-447-4847 (1-877-4-HSI-TIP)

**RAINN-National Sexual Assault Hotline.** Free. Confidential. 24/7

**1-800-656-4673**

**RAINN – Liy Telefonik nasyonal sou atak seksyèl.** Gratis. Konfidansyèl. 24/7



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### CRISIS SERVICES/ SEVIS POU KRIZ

LGBT Crisis- Trevor Lifeline Liy telefonik Trevor – Kriz LGBT	1-800-488-7386
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### VICTIMS OF CRIME/VIKTIM KRIM

National Center for Victims of Crime Centro Nacional para las Víctimas del Crimen	1-855-484-2846
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Victims Engagement and Services Line (VESL) Victims Engagement and Services Line (VESL)	1-833-383-1465
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### DOMESTIC VIOLENCE/VIOLENCIA DOMÉSTICA

National Domestic Violence Hotline Línea directa nacional contra la violencia doméstica	1-800-799-SAFE (7233)
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### WOMEN'S HEALTH/SANTE POU FANM

National Women's Health Information Center Centro Nacional de Información sobre la Salud de la Mujer	1-800-994-9662
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### EMERGENCY DISASTER HELP/ED DIJANS POU KATASTWOF

American Red Cross Kwa Rouj Amerikèn	1-800-733-2767
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American Association of Poison Control Centers Asosyasyon ameriken pou Sant sou kontwòl pwazon	1-800-222-1222
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Disaster Distress Helpline (SAMHSA) Liy telefonik sou katastròf natirèl	1-800-985-5990
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